

POWER TO FLOWER

a learning journey manual

"The best advise, to students studying under me has been just this: Educate yourself, do not let me educate you." ~ Robert Henri, 1865 - 1929

#THEPOWERTOFLOWER

This book contains interpretations on the symbol of "the seed of life" which I like to call #thePowertoFlower. The seed of life is a symbol for creation and fertility and is found in all major religions and most ancient cultures around our globe. Reading, comprehending and living it might reveal your own true nature.

Enjoy the ride,

greetings,

Guido Crolla

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Warning to the reader!

"In an effort to cope with the incomprehensibility of infinite reality, we ever curious, ever-pondering, compulsively controlling Homo Sapiens create theoretical models. These models are ingenious beams of speculation that we use to penetrate and define the dark mysteries of boundless existence. Sometimes elegantly structured, usually self-confirming, our models are like the headlights of a car, designed to light our way. Whatever is illuminated becomes our truth, and we organise our lives around it. But this light we create can also blind us. Too often we are blinded into believing that our models are the whole reality, forgetting that they are simply useful fact/fantasy coping devices."

~ Gordon MacKenzie

"Orbiting The Giant Hairball - A corporate Fool's Guide to Surviving with Grace."

THE POWER TO FLOWER

We are living in tremendous times. We are collectively stepping out of automated procedures, into a more natural way of offering our own personal values and talents to the world.

The Power to Flower can help you. It's a natural, organic way to bloom based on Gandhi's quote:

"Your believes become your thoughts, your thoughts become your words, your words become your actions, your actions become your habits, your habits become your values, your values become your destiny."

The Power to Flower brings you closer to 'Be the Change you want to see in the World', yeah, another Gandhi quote. Beware; this is not a Buddha guide to teaching! I just love words, when placed in the right order, to enforce the meaning I give to my own life.

In this book I'll try to capture lessons I've learned. Often enough it have been lessons from my own failures. Failures from stepping in the unknown, stepping into chaos, because I believe that chaos is our default state, the state of the universe.

Looking through the lenses of 'the Power to Flower' has given me insights in the structure of chaos. The best thing I got out of it myself is that, when I'm really living consciously and alert, I can see and experience events from multiple perspectives. That means that I have multiple possibilities to choose from to deal with the consequences.



That gives me the freedom to find and choose the most favorable or positive one and makes my life easier and more joyful.

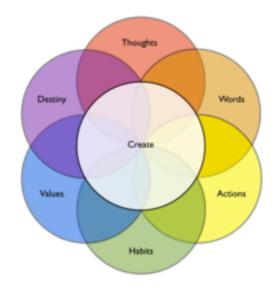
So, being a complicated guy, I dare to claim that if the 'Power to Flower' can broaden my horizon, it surely can broaden yours.

I hope it brings you the perspective in life to bloom, or maybe even help others to do the same.

1. Thoughts

"When we dream alone it is only a dream, but when many dream together it is the beginning of a new reality." ~ Friedrich Hundertwasser

The Power to Flower invites you, yes you, to share your dreams and make 'a dent in the universe'. The first things you have to focus on is the quality of your thoughts.



4. Habits

Change comes from within, and often in very small actions, cleverly repeated, just to trick the big resistance to change. Unexpected interventions? You'll encounter them guite often. Bob Marley would sing to you, 'Stir it up'. So this book is just to shake things up a bit.

"We are what we repeatedly do Excellence. then, is not an act, but a habit." ~ Aristotle

2. Words

With the Power to Flower you'll find words that define your ambition, you'll be able to pin them down and shout them out. You'll find the title for your hero's quest and the confidence to tell the whole world what you're aiming at.

3. Actions

Well now, here's the deal. It's all about action. So everything you'll be reading in this book, you should practice and realize ... preferably right NOW, thinking big and starting small, knowing that you have the power of natural growth behind you. You'll grow, no matter what.

6. Destiny

Looking back on your own and your peer's

learning's (the other is your mirror), you will get

a clearer view on your destiny. Maybe it's because you made some steps in the right direction, maybe because your vision of our

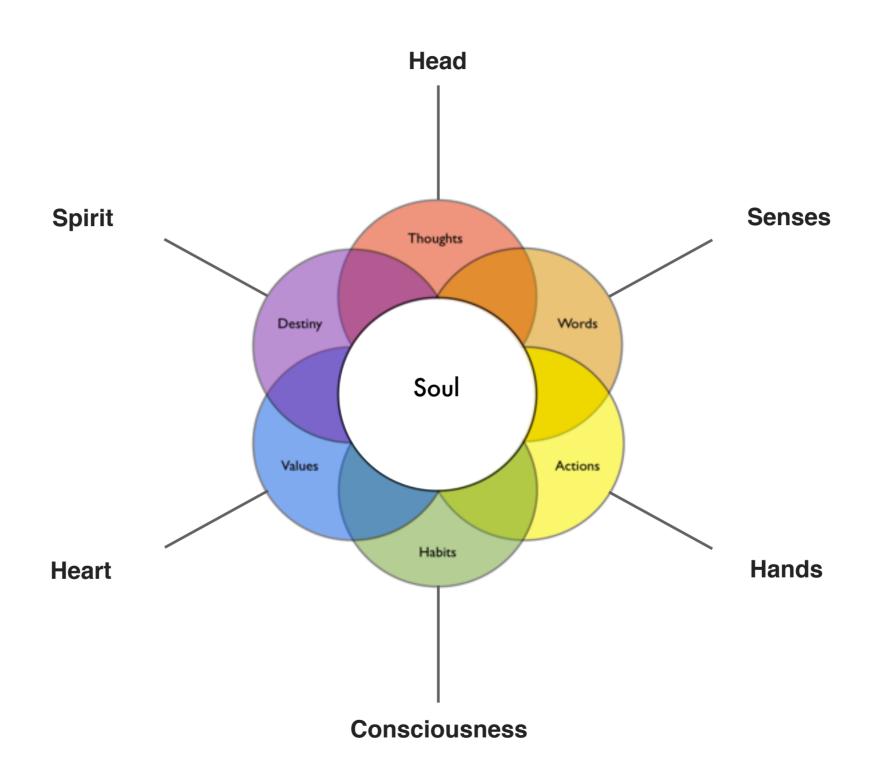
world just became different. Enjoy the view...

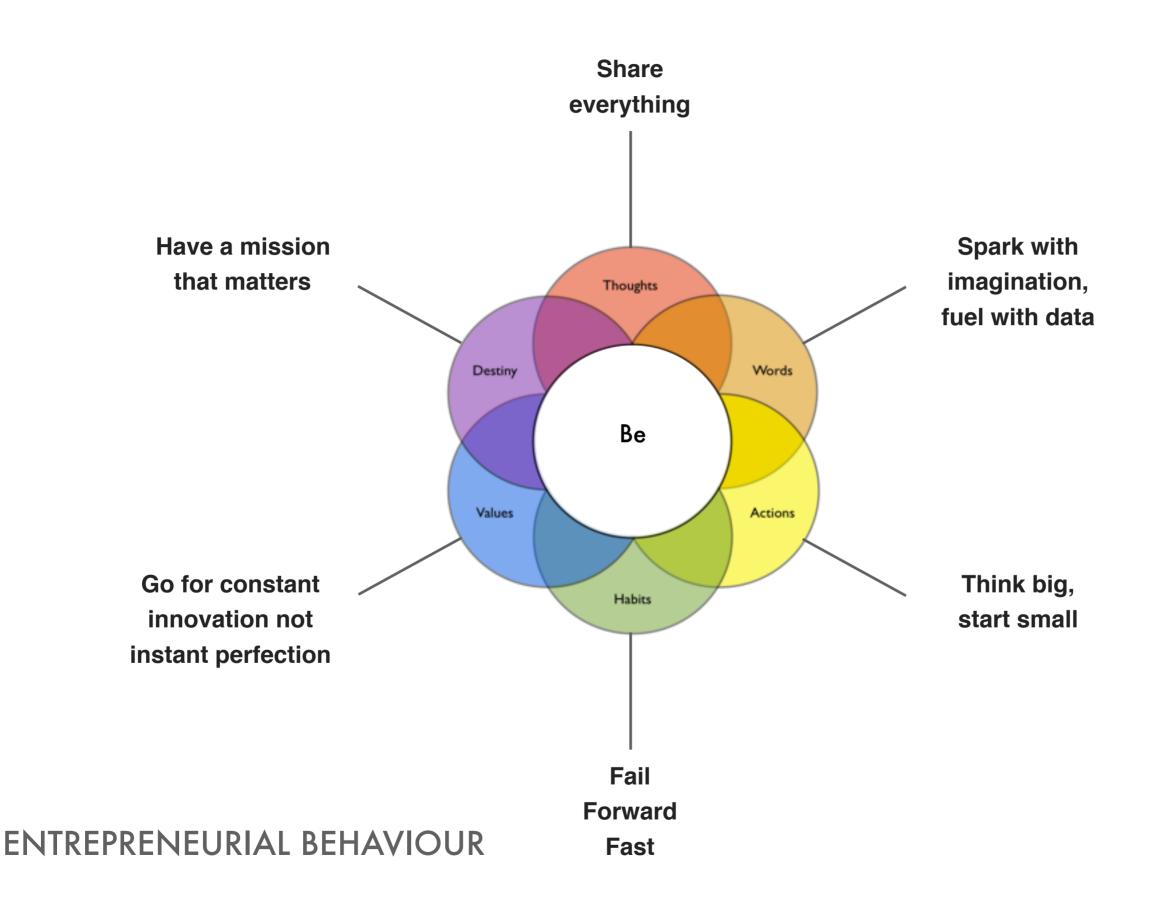
and tell us all about it.

5. Values

The future belongs to those of us, still willing to get their hands dirty. Working with the Power to Flower, you'll sometimes fall deep, only to be able to rise and shine proudly after :-) Find friends who reach out for you, whenever you fall.







Why-How-What

Why do we need you?

Thoughts

This is me

Habits

Words

Actions

Destiny

Values

Mission

What's your life's mission? How to write your own Manifesto, your reason for being and how to make it sticky!

Added Value

Build and re-build the 'character' of your brand, it's special features and how to keep it alive.

Senses

How to trigger your fan base. Start storytelling.

Define your own dictionary and pictionary.

Products

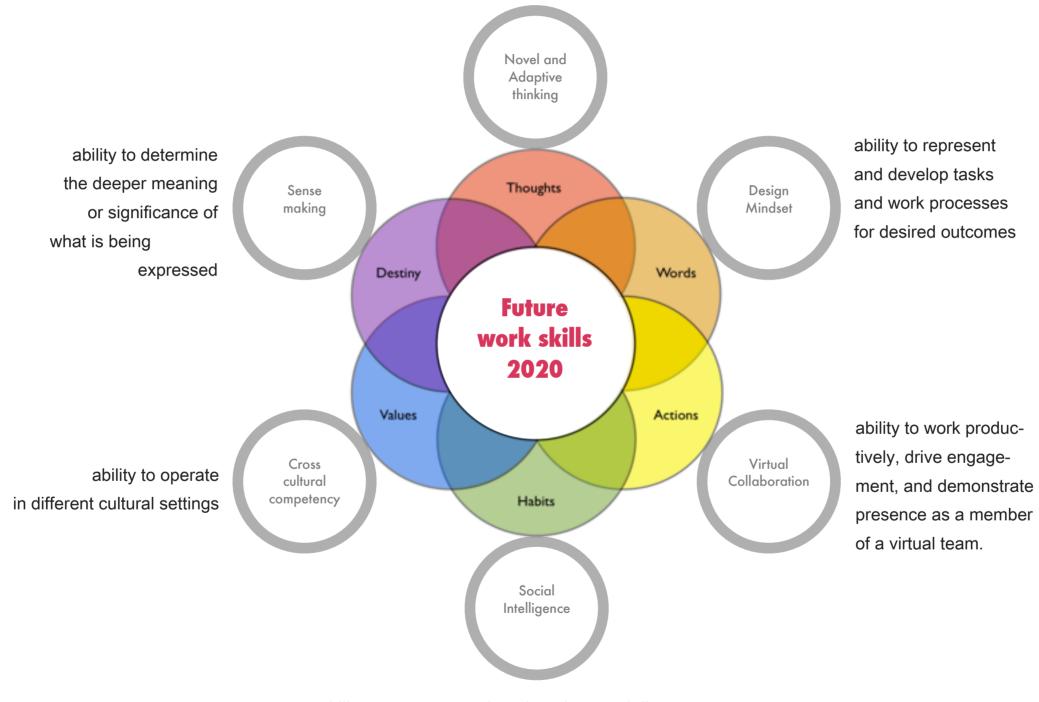
Sell your first product before you even thought about it. Than wrap it.

Portfolio

Combine and wrap your products into special services, catered to make life good for your fanbase.

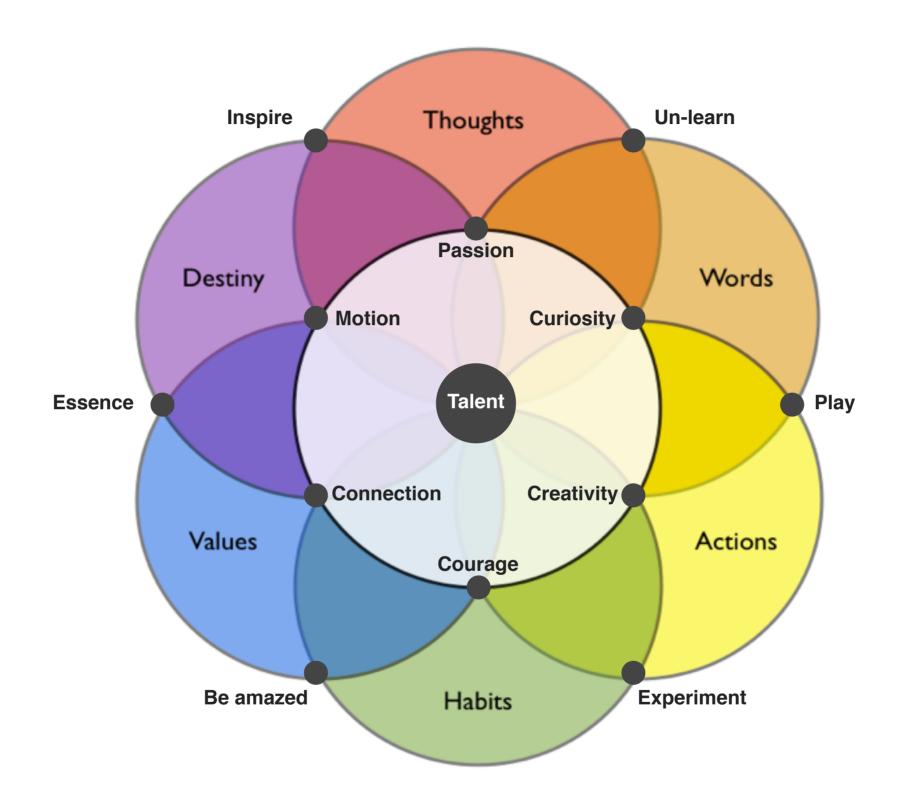
PERSONAL ENTERPRISE

proficiency at thinking and coming up with solutions and responses beyond that which is rote or rule-based

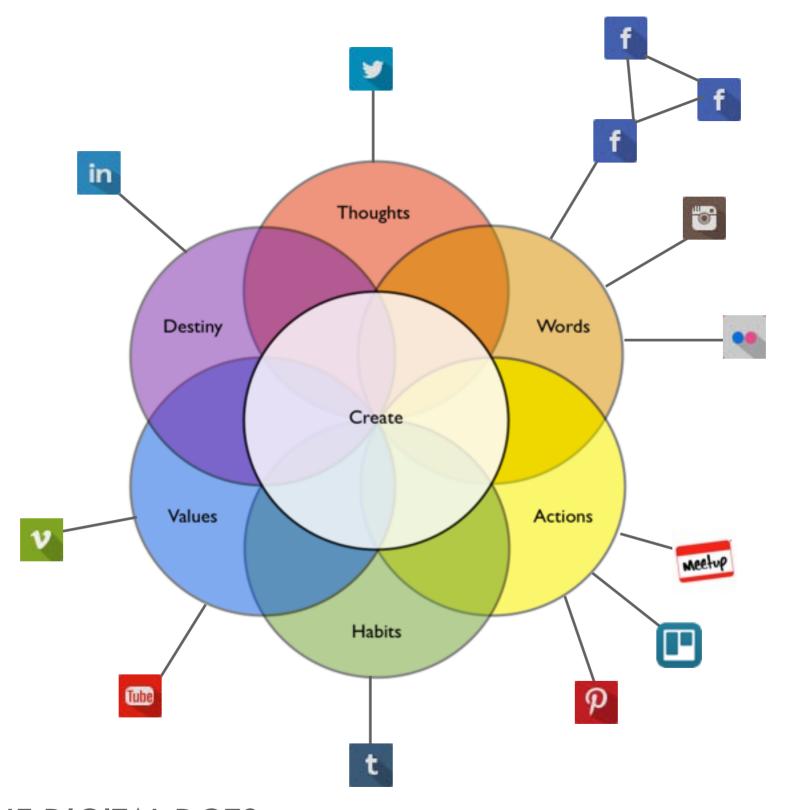


FUTURE WORK SKILLS

ability to connect to others in a deep and direct way, to sense and stimulate reactions and desired interactions



CONNECTING THE DOTS



CONNECTING THE DIGITAL DOTS



Red

warm, positive, energizing, motivating, pioneering, strong willed, passion

Thoughts

White

complete, perfection, pure, innocence, blank canvas, neutrality, calm, balance of all colors, reflective, peace, youth

Habits

Words

Actions

Destiny

Values

Purple

imagination & spirituality, awareness, connecting to higher consciousness, transformation, selfless

Orange

instinct, warm, emotional strength, adventurous, social communication, independent, informal, new ideas

Blue

trust, honesty, loyalty, sincere, reliable, order & direction, peace & tranquility, idealistic, enhancing self-expression, spiritual perspective

Yellow uplifting, illuminating, hope,

uplifting, illuminating, nope happiness, fun, original, inquisitive, creativity, challenging

Green

balance & harmony, growth, spring, renewal, rebirth, love, helpful, mental clarity & optimism, abundance

COLOR CODES

Red Thoughts

May your thoughts be warm and positive.

Let them excite and motivate your self and the people you meet.

Direct them to strenghten your will and give confidence to those who lack in will-power.

Let your thoughts lead you or follow with a smile.

Connect your thoughts to your passion, expressing love.



Orange Words

May you choose your words and imagination to be uplifting.

Have them express the bright side of life.

Let them be inviting for others to assimilate new ideas.

Let words and images flow from your instinct and express the freedom to be your adventurous self.



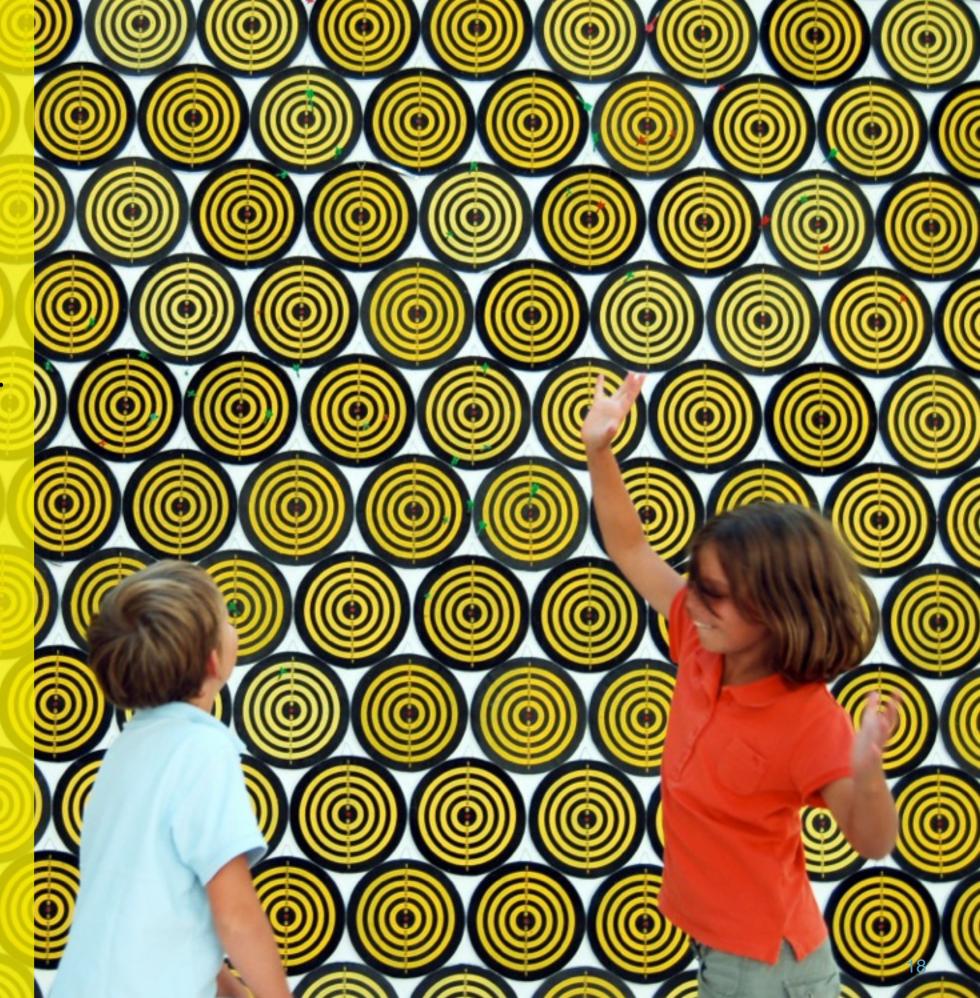
Yellow Actions

May your actions be original and challenging.

They will then resonate with and built on your wisdom.

Let them offer hope, happiness and fun.

Let your actions literally illuminate the world around you.



Green Habits

May your habits nurture yourself and others unconditionally.

They will bring you balance and harmony.

Let them tap into the abundance of nature to bring you mental clarity and optimism.



Blue values

May your values be honest and sincere.

They will bring you order and direction.

Devote yourself to dive deep into your own waters.

You will hear the voice to express yourself.



Purple Destiny

May your destiny inspire high ideals, they will bring you a higher consciousness.

Seek for your own meaning of life and assist those who seek it.

Escape reality, it's just a temporary mental construct.

Dream your own transformation.



Be White

May you be(come) who you really are.

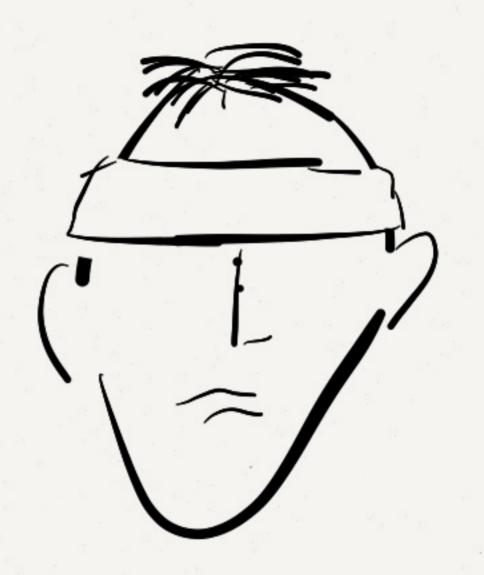
You're the color of perfection, a blank canvas.

Be pure and open to create anything your mind can conceive.

Reflect the comfort and peace of the people you meet.

1. Ordinary world 12. Elixer 2. Call to Action Thoughts 11. Insight 3. Refusal of the call Destiny Words 10. Road back 4. Meeting the mentor Values Actions 9. Treasure 5. Crossing the threshold Habits 8. Ordeal 6. Testing allies and enemies 7. Arrival

I wish you the Power to Flower in your own hero's journey.



TRUST THE PROCESS



Life has no purpose, says philosopher John Gray.
That's why we need stories, myths, illusions.
That what is ugly and senseless can transform into something beautifull and valuable through stories.

Keep on storytelling people!
I love every single one of them.

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